EFFECT OF PHYTIC ACID (IP6) VERSUS ETHYLENE DIAMINE TETRA ACETIC ACID (EDTA) ON DENTIN MICROHARDNESS (IN VITRO STUDY)

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ABSTRACT

INTRODUCTION: The use of chelating agents removes smear layer, increasing the access of irrigants to allow disinfection, and also reduces microhardness. Microhardness is an indirect evidence of mineral changes in dentin. Its reduction facilitates the instrumentation throughout the canal but, it may weaken the root and increases permeability of dentin. Therefore, finding a biocompatible chelating agent with better chelating ability is mandatory.

OBJECTIVE: To evaluate the effect Phytic acid (IP6) with different concentrations and ethylene diamine tetra-acetic acid (EDTA) solution on microhardness of radicular dentin.

MATERIALS AND METHOD: This study was conducted on 30 single rooted permanent maxillary anteriors. Teeth were instrumented using rotary files and irrigated in between using 2ml 2.5% NaOCl, then were sectioned longitudinally into halves giving 60 specimens that were embedded in acrylic resin leaving the dentin exposed. After polishing, the microhardness values of the untreated dentin were recorded by Vicker’s microhardness tester. The root halves were divided into 4 groups composed of 15 samples each and immersed for 5 minutes with one of the chelating solutions, Group I: Immersed in 10ml of (IP6) 0.5% followed by 10ml of 2.5% (NaOCl), Group II: Immersed in 10ml of (IP6) 1% followed by 10ml of 2.5% NaOCl, Group III: Immersed in 10ml of 1.5% (IP6) followed by 10ml of 2.5% NaOCl, Group IV: Immersed in 10ml of 17% EDTA solution followed by 10ml of 2.5% NaOCl. Then microhardness values were recorded, and calculation of the difference between baseline values and post-application values were calculated.

RESULTS: Tested chelators reduced microhardness of the dentin. 17% EDTA reduced the microhardness more significantly than 0.5%, 1% and 1.5% IP6.

CONCLUSION: Using IP6 with different concentrations had less detrimental effect on dentin microhardness than EDTA.

KEY WORDS: Phytic acid, EDTA, smear layer, dentin microhardness.

RUNNING TITLE: Dentin microhardness after different chelating solutions application.

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INTRODUCTION

The success of root canal treatment depends on the quality of instrumentation, irrigation, disinfection, and three-dimensional obturation of the root canal. Endodontic instrumentation using either manual or rotary systems, produces a smear layer and plugs of inorganic particles of calcified tissue and organic components such as pulp tissue debris, odontoblastic processes, microorganisms, and blood cells in dentinal tubules (1). Therefore removal of the smear layer before obturation is highly recommended. Using sodium hypochlorite (NaOCl) in concentration ranging from 0.5% to 5.25% solely cannot effectively remove the smear layer. Ethylene diamine tetra acetic acid (EDTA PH 7.7) has been the most commonly used irrigant for this purpose in a concentration of 17% from one to five minutes as it is generally accepted as the most effective chelating agent in endodontic therapy (2).

The use of chelating agents during biomechanical preparation of root canals removes smear layer, increasing the access of the irrigant into the dentin tubules to allow adequate disinfection, reducing dentin microhardness, facilitating the access and action of endodontic instruments. Chelating agents decalcify the dentin by combining with the calcium ions of the tooth structure. The decalcifying effect of chelating agents depends largely on application time, solution pH, and concentrations (3).

EDTA is most commonly synthesized on an industrial scale from ethylenediamine, formaldehyde, and sodium cyanide. This synthetic persistent material is being overused and is considered one of the major organic pollutants discharged in water. Bearing in mind that EDTA is not readily biodegradable, there have been some concerns about the leakage of this irrigant into the periapical tissue. Because of these concerns, the extrusion of EDTA beyond the root canal should be avoided (4). Considering these facts, an alternative agent for smear layer removal is necessary, and the search for more biocompatible materials to replace EDTA is still going on.

Phytic acid (Inositolhexakisphosphate (IP6) PH 1.3), a
promising novel chelating agent is now being tested as a reputable competitive to the EDTA whereas IP6 is a natural organic product that has been proven to be a biocompatible material to periapical tissues and an effective smear layer removal agent (5).

Ip6 is the major storage form of phosphorus in plant seeds and brans that contributes to a variety of cellular functions. IP6 can be extracted with low cost from rice brans. This agent has multiple negative charges, making it an effective chelator of multivalent cations such as calcium (Ca+2), magnesium, and iron.

Chelating solutions may induce adverse changes in physical properties of dentin, including the microhardness. Although a reduction in microhardness eases the instrumentation throughout the root canal treatment, it may also weaken the root structure. Microhardness determination can provide indirect evidence for losing or gaining any mineral substance in the dental hard tissues. Alteration of surface microhardness of dental hard tissues treated with tested chelating agents could be evaluated using Vicker’s microhardness tester or knoop microhardness tester.

The aim of this study was to assess the effect of using phytic acid with different concentrations versus 17% EDTA solutions on human radicular dentin microhardness. The null hypothesis of this study was that phytic acid with different concentrations and EDTA would have the same effect on dentin microhardness.

**MATERIALS AND METHODS**

**Preparation of teeth specimens**

After the acceptance of ethics committee in faculty of dentistry Alexandria university, thirty sound maxillary anterior teeth with closed apices indicated for extraction for periodontal reason were collected from adult patients and were used in this study. Teeth with previous root caries, fractures, curved canals, endodontic treatment, internal resorption or calcification were excluded. The teeth were thoroughly cleaned from any soft tissue or calculus deposition then they were stored in isotonic saline solution at room temperature till time of use. All the teeth were radiographed in the proximal and labial views to confirm presence of a patent single canal.

The crowns of all specimens were decoronated transversally at the cemento-enamel junction (CEJ) with a double-faced diamond disc (Microdont LDA. Brazil) at low speed, with water coolant, to ensure a uniform sample length of 15 mm ± 1mm root length.

**Canal preparation:** All teeth were instrumented by introducing Size 15 K-File (Mani, Inc, Japan) inside the root canal until it just exited the apical foramen then the file was retracted to be flushed with the apex. One millimeter was subtracted from this length and was taken as the final working length (WL). All teeth were instrumented to the full WL using stainless steel K-Files to a size #20 followed by the ProTaper Next (Dentsply Maillefer, Ballaigues, Switzerland) rotary system up to size X4 (size 40, 06 taper). Following the use of each sequential file, they were cleaned with sterile gauze and apical patency was checked with K-file size # 10. Canals in all groups were irrigated with a standardized volume of two ml of 2.5% NaOCl using a universal 27-gauge needle between each file (6).

**Specimen preparation for microhardness evaluation:** Teeth were longitudinally sectioned in a buccolingual direction by making a thin slot along the buccal and lingual aspects of the root using a double faced diamond disk at low speed (Microdont LDA. Brazil), without passing through the canal space. This was followed by using a chisel and mallet to split the root, then the specimens were prepared for microhardness test evaluation (3,7).

Sixty root segments were horizontally embedded in auto-polymerizing acrylic resin (ACROSTONE, Dent Product. Egypt) leaving their dentin surface exposed. The dentin surface of the mounted specimens was ground flat and smooth with a series of ascending grades of carbide abrasive papers 500, 800, 1,000, and 1, 200 grit (BIGO, Dent Product. Germany) under distilled water to remove any surface scratches and finally polished with 0.1-1 mm alumina suspension on a rotary felt disc (MICRODONT LDA. Brazil) to obtain a smooth glossy mirror-like surface.

**Measurement of dentin microhardness:** Microhardness was measured for each specimen at baseline and after application of different chelating solution. Baseline microhardness value was measured using Vickers Microhardness Tester (Model 402 MVD, ITW Test & Measurement, Shanghai Co., Ltd) at magnification of x100 using a 25gm load for 10 seconds. The microhardness measurements were taken either on the buccal or lingual side and were determined at three different points for each sectioned root: on the coronal, middle and apical thirds. Each sectioned root was equally divided into three thirds representing coronal, middle and apical third. In each third (corono-apically), two centrally located points were determined, the first point of measurement represents the baseline value while the second point of measurement represents the post application value after immersion in the tested chelating agent such that the distance between the two points was at least 1mm, the indentation was made on the dentin surface approximately at 200μm from the canal-dentin interface for standardization (6, 8) as shown in figure (1A, 1B). The Vickers hardness value is obtained by dividing the test force by the area of the sloping faces of the indentation. The resulting impression of the two diagonals was observed with an optical microscope and the average length of the two diagonals was measured by the built-in scaled micrometer and converted into Vickers hardness number (VHN) as shown in figure (1C, 1D) with the following equation: HV=1854(F/D2) (6,9).

The constant value of the equation was calculated from the specific geometry of the indenter, F being the applied load in gram force and D being the diagonals of the indentation in (μm).

**Evaluation of microhardness for the tested irrigants:** The specimens were randomly divided into 4 groups (n =15) according to the solution used. Then each sample was immersed in each tested chelating solution as follows:

**Group I:** 15 specimens were immersed in 10ml of 0.5%IP6(Sigma-Aldrich Corporation, USA.) and left for 5 minutes then were removed and immersed in 10 ml of 2.5% NaOCl (Dexa, Health tech. company, A.R.E) for 5 minutes.

**Group II:** 15 specimens were immersed in 10ml 1% IP6 and left for 5 minutes then were removed and immersed in 10ml of 2.5% NaOCl for 5 minutes.

**Group III:** 15 specimens were immersed in 10ml of 1.5% IP6
and left for 5 minutes then were removed and immersed in 10ml of 2.5% NaOCL for 5 minutes.

**Group IV:** 15 specimens were immersed in 10ml of 17% EDTA (Dharma Research, Inc. USA.) and left for 5 minutes then were removed and immersed in 10ml of 2.5% NaOCL for 5 minutes. After immersion all experimental specimens were dried by gentle air spray. The microhardness was measured for canal dentin surface in close proximity to the initial indentation areas to record the post-treatment VHN. The percent change in microhardness was calculated as the difference between baseline values and post application values after immersion in the tested irrigants; as shown in the following equation (10,11):

\[
\frac{|V1 - V2|}{V1} \times 100
\]

\(V1 = \text{Preoperative VHN}, V2 = \text{Postoperative VHN}\)

**Statistical analysis of the data**

Data were fed to the computer and analyzed using IBM SPSS software package version 20.0. (Armonk, NY: IBM Corp). The Kolmogorov-Smirnov test was used to verify the normality of distribution. Quantitative data were described using range (minimum and maximum), mean, standard deviation and median. Significance of the obtained results was judged at the 5% level.

The used tests were Student t-test for normally distributed quantitative variables, to compare between two studied groups, F-test (ANOVA) for normally distributed quantitative variables, to compare between more than two groups, and Post Hoc test (Tukey) for pairwise comparisons, Paired t-test for normally distributed quantitative variables, to compare between two periods, and Kruskal Wallis test for abnormally distributed quantitative variables, to compare between more than two studied groups, and Post Hoc (Dunn's multiple comparisons test) for pairwise comparisons.

**RESULTS**

There were no statistically significant differences between the mean of pre-treatment Vickers' hardness number (VHN) values for all tested groups, while after immersion of the specimens in the chelating solutions for 5 minutes, all chelating solutions significantly decreased the microhardness of the canal dentin surface compared to the pre-treatment values (P value for group I is 0.014, group II is 0.001, group III is <0.001 and group IV is <0.001).

Group IV (EDTA 17%) showed the highest percentage decrease in microhardness values and was equal to 24.92 ± 15.93 (VHN), followed by group III (IP6 1.5%) where the percentage decrease was equal to 8.27 ± 3.72 (VHN), then group II (IP6 1%) where the percentage decrease was equal to 8.45 ± 5.66 (VHN). The lowest percentage decrease was found in group I (IP6 0.5%) and the percentage decrease was equal to 5.64 ± 8.16 (VHN). There was no significant difference between group I, group II and group III when compared to each other, while a significant difference was found when comparing each of these 3 groups with the EDTA group (GpIV) as shown in table (1), figure (2).

It was found that there was no significant difference between the coronal, middle and apical thirds regarding the percentage decrease values in each group as shown in table (2) and figure (3).
Table (1): Comparison between the four studied groups according to the percentage decrease values of the means of the three zones of the different studied groups.

<table>
<thead>
<tr>
<th>Average</th>
<th>Group I (n = 15)</th>
<th>Group II (n = 15)</th>
<th>Group III (n = 15)</th>
<th>Group IV (n = 15)</th>
<th>H</th>
<th>p</th>
</tr>
</thead>
<tbody>
<tr>
<td>% Change</td>
<td>-8.58 – 45.74</td>
<td>-8.79 – 45.95</td>
<td>-0.79 – 23.59</td>
<td>2.22 – 18.39</td>
<td>13.636*</td>
<td>0.003*</td>
</tr>
<tr>
<td>Min. – Max.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mean ± SD.</td>
<td>6.16 ± 8.16</td>
<td>5.66 ± 5.66</td>
<td>5.66 ± 3.72</td>
<td>7.57 ± 15.93</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Median</td>
<td>2.97</td>
<td>6.92</td>
<td>7.57</td>
<td>25.61</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sig. bet. grps</td>
<td>p1 = 0.326*, p2 = 0.001*, p3 = 0.746, p4 = 0.006*, p5 = 0.016*</td>
<td></td>
<td></td>
<td></td>
<td></td>
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</tr>
</tbody>
</table>

H: H for Kruskal Wallis test, Pairwise comparison bet. Each 2 groups was done using Post Hoc Test (Dunn’s for multiple comparisons test)
p: p value for comparing between the studied groups
p1: p value for comparing between Group I and Group II
p2: p value for comparing between Group I and Group III
p3: p value for comparing between Group I and Group IV
p4: p value for comparing between Group II and Group III
p5: p value for comparing between Group II and Group IV
p6: p value for comparing between Group III and Group IV
*: Statistically significant at p ≤ 0.05

Figure (2): Graph showing Comparison between the percentage decrease values of the means of the three zones of the different studied groups.

DISCUSSION
The use of chelating agents during biomechanical preparation of root canals removes smear layer, increasing the access of the irrigant into the dentinal tubules to allow adequate disinfection, and also reduces dentin microhardness (12). Microhardness is considered an indirect evidence of mineral changes in root canal dentin. Its reduction facilitates the instrumentation throughout the root canal but, it may also weaken the root structure, increases the permeability of root canal dentin and can affect the adhesion and sealing ability of the sealers to the root dentin wall. Therefore, finding a biocompatible agent with better chelating ability is considered

Table (2): Comparison between different studied groups regarding the overall percentage decrease in the different root thirds.

<table>
<thead>
<tr>
<th>% decrease</th>
<th>Group I VHN (n = 15)</th>
<th>Group II VHN (n = 15)</th>
<th>Group III VHN (n = 15)</th>
<th>Group IV VHN (n = 15)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Coronal</td>
<td>4.13 ± 0.20</td>
<td>1.20 ± 0.23</td>
<td>2.53 ± 0.22</td>
<td>4.00 ± 0.22</td>
</tr>
<tr>
<td>Middle</td>
<td>0.127 ± 0.549</td>
<td>0.282 ± 0.819</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Apical</td>
<td></td>
<td></td>
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</tbody>
</table>

Fr: Friedman test.
p: p value for comparing between the three thirds.
mandatory. So this study was conducted to evaluate the
effect of the chelating agents; Phytic acid (IP6) with different
concentrations and ethylene diamine tetra-acetic acid (EDTA)
solution on microhardness of root canal dentin.
The interaction of the chelating agents in combination with
root dentin is capable of causing alteration in the physico-
mechanical properties of the dentin structure such as the
microhardness due to change in the original proportion of the
inorganic and organic components of root canal dentin (8,13-15).
Since EDTA is the universally accepted chelating agent
and IP6 was proven to be an effective chelating agent (5), so these
2 chelating solutions were selected to be tested in the present
study.
In the present study human teeth were used as there was a
clear difference in tubule structure and morphology between
human and bovine dentin as revealed by Lopes et al., (2009)
(16). However other studies (17) used bovine teeth due to the
inadequate availability of the human teeth. Standardization of
samples is an important factor in mechanical testing to
improve the reliability of the investigation (18,19). Therefore,
straight, single rooted teeth extracted for periodontal reasons
were used to standardize the condition of the study.
There was no statistical significant difference in the mean of
the pretreatment Vickers hardness values of the specimens
of all the tested groups.
In the present study, canals were irrigated by using 2.5%
concentration of NaOCl between each file as it has greater
effectiveness than 0.5% and 1% concentrations and has lower
cytotoxicity than the 5.25% concentration (20,21).
In the current study, longitudinal sectioning of the roots was
preferred instead of cutting transversally into discs as Cruz-
Filho et al. in the year 2011 observed that it can show accurate
representations of clinical situations. Additionally,
the irrigants first contact the most superficial layer of dentin in
the root canal lumen and so, the present study measured the
microhardness of the most superficial layer of root canal
dentin(3).
On the contrary, previous studies (22,23) used the transverse
sectioned root discs to evaluate the hardness value in the
region between the main canal and the cementum layer.
Surface polish of each half segment was performed following
the longitudinal sectioning to facilitate the visualization of the
indentations on the polished surface of the root dentin (24).
Hardness is difficult to define but in most disciplines the
concept of hardness is the resistance to indentation. Hardness
is measured in units of pressure or force per unit area of
indentation (12,25,26).
There are several types of surface hardness tests. Most are
based on the ability of penetration by a diamond point or a
steel ball under a specified load. Depending on the loading
force value and the indentation dimensions, hardness is
defined as macro-, micro- or nano-hardness (12,25,26).
The term "micro-hardness" is applied to tests with a smaller
test load. They are used in measuring hardness of coatings,
surface hardness, or hardness of different phases in the multi-
phase material. There are only two micro-indentation testers:
Vickers hardness test and Knoop hardness test (9,26) Which
are suitable and practical methods for evaluating surface
changes of dental hard tissues treated with chemical agents
(5). In addition, in the year 2003 Gutiérrez-Salazar and
Reyes-Gasga (27) proposed that in tooth hardness studies, the
Vickers indenter is more useful than the Knoop indenter as the
difference in microhardness of enamel and dentin is easily
detected.In the year 2003 Fuentes et al (28) reported that the
Knoop hardness tester is used only for superficial dentin at
0.1mm rather than for deep dentin. Lastly, in the year 2009
Chuenarrom et al. (25) reported that the Vickers indenter is
square shaped, does not deform over time while that of Knoop
is shallower and more elongated. In addition, Vickers tester is
based on the mean of two diagonals, compared to only one
diagonal for Knoop, therefore results were more accurate by
the Vickers tester. Thus, this method was adopted in our
study.
In the current study, Vickers microhardness test was also used
because it has shown suitability and practicability in
evaluation of surface changes of dental tissues treated with
chemical agents (6,26,29). A load of 25 g for 10 seconds was
applied in the present work in accordance to previous
researchers (26) reported that it is necessary to apply a small
load for comparison between baseline surface and the eroded
surface for the same indentation as a high load applied on a
soft surface can cause an oversized impression, whereas the
diagonals are longer than the micrometer scale fitted to the
eye piece of the tester. It was suggested that an indentation
time of 10 seconds is sufficient for a permanent indentation on
the tooth surface to take place (26).
Microhardness of dentin may vary considerably between teeth,
so in the present study the microhardness measurement was
performed for each sample at baseline and after treatment with
irrigation solutions to establish a reasonable evaluation for the
effect of the irrigant solutions on the dentin surface. Post-
treatment indentations were performed on each specimen at
same areas that were at constant points of the baseline
indentation to make evaluation of the tested irrigant (8).
Although the immersion method used in the present study did
not simulate the clinical application of the irrigant solution
inside the root canal which could be considered as a
limitation for this study, but it was a must, as microhardness test
cannot be applied on the curved plane of the root canal itself.
According to previous studies the diamond indenter should be
oriented perpendicular to a flat and a smooth surface of the
dentin and as near as possible to the root canal space
(14,22,26,30).
It is worthy to note that to compensate this limitation to a certain
limit, the distance of the indentations in the present study were
standardized at 0.2 mm level from the root canal walls and were
made in the coronal, middle and apical thirds of the radicular
dentin (8,14).
Meanwhile in a previous study (31), the usual needle
irrigation technique was used instead of the immersion
method, a longitudinal sectioning of the root was performed
then polished to measure the microhardness value but this
method could be inaccurate as microhardness test cannot
be applied on the curved plane of the root canal as mentioned
before and they didn’t measure the pretreatment base line
values of their specimens.
The immersion time selected in the present study was for five
minutes for each irrigating solution to simulate the clinical
application time of the irrigant. This is in accordance with the
studies by Sayin et al. in 2007 (10), Cruz-Filho et al. in 2011
In addition, De-Deus et al. in the year 2006 (33) evaluated the effect of 17% EDTA for one, three and five minutes on the microhardness of radicular dentin. They found that EDTA produced the greatest decrease in microhardness from a microhardness of radicular dentin. They found that EDTA irrigation is effective in removing the smear layer however; a ten minutes application of EDTA caused excessive peritubular and intertubular dentinal erosion especially when using NaOCl after EDTA. In the present study the tested chelators reduced the hardness of each group, the higher the concentration, the higher the decrease in microhardness value. In the present study IP6 concentrations 0.5%, 1% and 1.5% were used as higher concentrations with lower PH had an erosive effect on dentinal surface. So, it was recommended that the concentration range for IP6 should not be less than 0.5% and not more than 3% (5).

The present study revealed that all irrigation solutions significantly decreased dentin microhardness in the following sequence; group IV (EDTA 17%), then group III (IP6 1.5%), then group II (IP6 1%) and finally group I (IP6 0.5%). Group IV showed the highest decrease in microhardness in accordance to Ari and Erdemir in 2005 and De-Deus et al. in 2006 (15, 33) due to both of the chelating action of EDTA solution which induces an adverse softening potential on the calcified components of dentin (70%) (6,18) and due to the dissolving action of NaOCl on the organic collagen components of dentin (20%) (6,18).

The sequence of microhardness decrease in group III, group II and group I may be attributed to the concentrations of IP6 in each group, the higher the concentration, the higher the decrease in the microhardness value. In the present study the tested chelators reduced the hardness at all the three levels with no significant difference between different thirds. This result is consistent with Singh et al. (38) who reported in the year 2009 that there was no significant difference in microhardness reduction in the coronal, middle, and apical thirds of root dentin when treated with the tested solutions. While other studies (8,10) revealed that the coronal segments had significantly lower dentin microhardness in comparison with the middle and the apical segments. This may be attributed to the histological pattern of the root canal dentin and relative nature of dentin in the apical region as Carrigan et al. in the year 1984 (39) showed that tubule density decreased from cervical to apical dentin. In the year 1985 Passley et al. (40) reported that there was an inverse correlation between dentin microhardness and tubular density and the ultimate tensile strength values of apical thirds were found to be significantly higher than those of coronal thirds. Previous researchers (35) reported that the apical portion of human teeth showed marked variations in structure, including accessory root canals, varied amounts of irregular secondary dentin, cementum-like tissue, low content of non-collagenous proteins (NCPs) and even dentin sclerosis. The controversy of these results with other studies might be attributed to differences in methods of application of these irrigants and different evaluation techniques for evaluation of surface layer hardness.

A limitation of the present study is that the experiment was performed at room temperature and not at body temperature. Additionally, the volume of the irrigant in a root canal clinically is small compared with immersing root dentin in irrigating solutions. However standardized circumstances for all the studied groups were allowed for comparable results.

CONCLUSIONS
1- Within the limitations of this study, it could be concluded that significant alteration in dentin hardness after different irrigation protocols indicates potent direct effects of these chemical solutions on the components of dentin structure.
2- IP6 is a promising chelating solution which has less erosive effect on radicular dentin.

CONFLICT OF INTEREST
The authors declared that they have no conflicts of interest.

REFERENCES